# Autism Together Alexa skill

User manual

You can use Alexa to ask for assistance when required by using a number of pre-set phrase patterns, you can find these listed below. The Alexa will then query data if required and provide an appropriate response.

You can start talking to Alexa at any point by using the phrase Echo assistance, Alexa will then prompt you for further actions, key phrases are listed below;

* Help
* I don’t feel well
* I don’t feel so good
* I feel bad
* Should I be worried?
* Is everything alright?
* Is everything normal?
* Give me a rundown?
* Is this normal?
* Should I get help?
* Do I need help?

When triggered the latest user data will be analysed and a decision will be made about the user’s condition, if the data suggests that the user is in distress then Alexa will suggest that the carer is contacted.

In addition, if the phrase call my carer is used the system will make contact with the designated care contact, details of the user’s latest condition data and any warnings will be passed during the call to aid the carer in providing assistance.

Alexa will time-out automatically if you decide not to use it after calling, however you can cancel a request at any time by calling stop.

If Alexa does not recognise your command it will respond **“Undefined”**, you can then try again to match one of the predefined phrases.